



May Events

6

Mugs and Muffins with Friends

Wednesday, May 6 | 2:30-4pm | Elijah Kellogg Church Fellowship Hall

Harpowell residents are invited to this community drop-in event for coffee, tea and snacks along with friendly conversation.

8

Cooking at 43° North: Bagel Making Made Easy Part I

Friday, May 8 | 9:30-10:30 am via Zoom

Cooking at 43 North is offering a 3-part workshop, Bagel Making Made Easy. The opening session held via Zoom will focus on how to make a starter. Parts II and III will be held on May 14. A list of supplies will be provided. Class limited to 10 people. To reserve a space, contact Julie Moulton at juliemoulton28@gmail.com or 207-330-5416.

13

Harpowell ROMEOs: Take a Hike!

Wednesday, May 13 | 12-1:30 pm | Orr's Island Schoolhouse

Brandon Hall, Director of Programs at Harpswell Heritage Land Trust, will discuss hiking in Harpswell and Harpswell resident Scott Gill will share the characteristics of quality walking/hiking footwear. Scott has 20+ years in the footwear industry including working for Cole Haan. This event is free including lunch but registration is required. Contact Tom Mahoney at oldermeneatingout@gmail.com.

14

Cooking at 43° North: Bagel Making Made Easy Parts II & III

Thursday, May 14 | 7:30-8:30 am via Zoom and 1:30-3:30 pm at Cundy's Harbor Community Hall

Join in for Parts II and III of Bagel Making.. Part II, learning how to mix the dough, will be held on Zoom. Part III will be held at Cundy's Harbor Community Hall. Participants will shape their bagels to take home for boiling and baking the next day, and will taste a sample. Class size limited to 10 people. To reserve a space, contact Julie Moulton at juliemoulton28@gmail.com or 207-330-5416.

15

Women's Social Group: Meet the Bookmobile!

Friday, May 15 | 2:30 pm | Elijah Kellogg Church

The Women's Social Group welcomes Curtis Memorial Bookmobile for a special visit: browse a great selection of books, sign up for a library card, learn about home delivery and how the library brings resources into our community. Email interest in attending to: womensgroup@hah.community.

26

T'ai Chi

Tuesday, May 26 | 9:00 am | Mitchell Field Gazebo

HAH and Harpswell Recreation Dept are offering a free 6-week series of Tai Chi classes. This low-impact, gentle exercise is open to all ages and abilities, held rain or shine (except for thunder and lightning), just drop in wearing comfortable clothing.

**Transportation to and from any HAH event is available by contacting
Kathe Mickunas at People Plus, 207-729-0757.**

Email: hah@hah.community | **Phone:** (207) 295-9088 | **Web:** hah.community