



Harpswell
Aging at Home

April Events

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Harpswell ROMEOS--Coming Together In Harmony

Wednesday, April 9, 12-1:30 pm | Merriconeag Grange

Join the ROMEOs for lunch and a concert by barbershop chorus, the Nor'easters. Lunch is provided. This event is free, but registration is needed due to limited seating. Contact Tom Mahoney at oldermeneatingout@gmail.com or call/text 207-295-9088.

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Cooking at 43° North presents: What To Do with Those "Newfangled" Appliances

Thursday, April 10, 1:30-3:00 pm | Cundy's Harbor Community Hall

"Buy one and you'll love it!" If you've heard this about the Instant Pot and Air Fryer, you're not alone. These two kitchen appliances have gotten super popular in recent years. But if you're one of the many who have bought them (or you're still considering a purchase) you may be left wondering, what do I do with it? Come explore the basics of these appliances and see how to make (and taste) some easy, delicious recipes. Email juliemoulton28@gmail.com to let us know you are coming.

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Lunch with Friends

Tuesday, April 15, 12-1:30 pm | Cundy's Harbor Community Hall

Get your taxes done early and then join us at Lunch with Friends! Sit and eat with new and old friends, or pick up a meal to take home. Come for good food and good company. Older, younger, all are welcome to take part in the meal and the fun. See you there!

Transportation to and from any HAH event is available by contacting Callie "CK" Kimball at People Plus, 207-729-0757.