

THE FOOD NEWS

Winter 2020



LUNCH WITH FRIENDS

Great Island

Church of the Nazarene

1st Thursday of the month, Noon

- January 2
- February 20 (date change)

Merriconeag Grange

2nd Thursday of the month, Noon

- January 9
- February 13

Cundy's Harbor Community Hall

3rd Thursday of the month, Noon

- January 16
- February 6 (date change)

Bailey Island Union Church

Tuesdays weekly, Noon

- January 7, 14, 21, 28
- February 4, 11, 18, 25

Thank you to our winter sponsors: Harpswell Garden Club, Harpswell Community School PTO, Islands Community Church, The Knit Wits, MINGO, Orr's Island Library Book Group, Orr's Island Library.

Our venues: Great Island Church of the Nazarene, Merriconeag Grange, Cundy's Community Center and Bailey Island Union Church.

And to the people who meet monthly and cook for **Lunch with Friends** and **Meals in a Pinch**.

If you are unable to get out to the lunches but would like an occasional meal delivered to you, contact Julie Moulton at jamoultonhah@gmail.com or (207) 330-5416.

For more information on any of the HAH food programs or to volunteer to cook or sponsor a lunch, contact Surrey Hardcastle at (207) 833-0092 or surreysh@comcast.net.

Winter Weather Cancellations

If SAD 75 schools are closed, Lunch with Friends will be postponed.

If school has a 2-hour delay, lunch will still take place.

If the Bailey Island Union Church needs to cancel, Lunch with Friends would be postponed to the Thursday of the same week, while the Grange would be postponed until Friday. Replacement dates for canceled Great Island and Cundy's Harbor lunches is still to be determined.

HOME REPAIRS PROGRAM

What Can We Fix For You?

We install ramps for accessibility, grab rails, hand rails on stairs, insulation, interior storm windows, and smoke and carbon monoxide detectors, outside floodlights at entry ways, and replace rotten wood on exterior decks and stairs, defective light fixtures and faucets, and older electrical receptacles with ground fault interrupting (GFI) outlets.

A more complete list is on our website at www.hah.community.

Do You Know Who is Eligible for Repairs?

Eligibility is based on your gross annual household income and the number of people living in your home. For example, to be eligible for free materials and labor, your income must be less than \$40,600 for a household of one, or \$46,400 for two.

If your annual income is up to 25% more than this, you can buy the materials and have the work done free of charge by the Home Repairs Team.

Call Linda Strickland at the Town Office at (207) 833-5771, to apply. Senior(s) must be 60 or older, and the home must be owned by the senior or a family member.

How Can You Help?

If you have a friend or neighbor who might want some repair work, share this information with them and encourage them to call Linda Strickland.

VOLUNTEER TRANSPORTATION NETWORK (VTN)

Do You Know Free Rides Are Available to Harpswell Residents?

Free rides are available Monday through Friday for adults who are temporarily or permanently unable to drive. Call People Plus at (207) 729-0757 for information and to register.

Need a ride to Lunch With Friends? Register with VTN and sign up for a ride. Lunch with Friends is a great way to enjoy a home-cooked meal and socialize with friends and neighbors!

How Can You Help?

HAAH recruits drivers for VTN. Interested in driving? Call Hugh Hardcastle at (207) 833-0092.