



Harpswell Aging at Home

*Making Harpswell
Home for a Lifetime*

Calendar of Events

LUNCH WITH FRIENDS SPRING DATES

**Meals are open to everyone and
begin at noon**

Merriconeag Grange
Thursdays
April 14 and May 9

Orr's Island Schoolhouse
Tuesday
April 9

Fundraising Events

Lasagna Dinner

Orr's Island Schoolhouse
Saturday, April 27
Reception 6:00 PM
Dinner 6:30 PM
\$15.00/per person
Wine/Beer Cash Bar
Sponsored by
Harpswell Democratic Committee

Fine Art Photography Exhibit

"Random Moments"
By Penny Knobel-Besa
Orr's Island Schoolhouse
Friday, June 21, 12-6
Saturday, June 22, 11-6

HAH 2019 Golf Classic, Dinner and Auction

Thursday, July 11
Brunswick Golf Club
Registration 11 AM
Golf, cart, dinner, auction \$100
Dinner/auction only \$40
Information and reservations
John Ferraro (207) 833-3132



HAH Recognized by State Legislature in Augusta

It was a grand day on March 20th when Harpswell's Jay McCreight, member of the Maine House of Representatives, recognized the efforts and accomplishments of HAH on the floor of the Chamber in the Statehouse. Several representatives of HAH and administrative staff from the Town of Harpswell traveled to Augusta for the event. The purpose of the occasion was the presentation of a certificate of appreciation to Bob Bauman and Hollie Vanderzee for their significant contributions to HAH. Bob and Hollie, two of the original members of HAH, are stepping down from their leadership roles after three years.

After the presentation, Jay addressed her colleagues in the House, paying tribute to Harpswell Aging at Home, saying, "I rise today to honor people in the town of Harpswell who have given so much to their community. HAH is an all-volunteer effort, for and by Harpswell community members, dedicated to helping older adults thrive while aging in place. It started with the townspeople recognizing a need – and coming together to figure out what to do to help".

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Volunteer Spotlight

**Bob Bauman
Hollie Vanderzee**

In this issue, the spotlight captures Bob and Hollie. Both have been part of HAH since the beginning and have been key players in getting HAH off to a good start.

Bob set up and organized the Home Repairs team that now has 25 members and has completed repairs on 65 homes to date. Hollie formed the Communications Committee that now has 14 members who keep the community informed about HAH and its programs through print and online sources.

Bob and Hollie are stepping down from their chair positions in order to have more time to enjoy their retirement.

In a fitting tribute to their contributions, the American Red Cross of Maine has honored them with the Real Heroes Community Service Award. This award recognizes individuals and groups who have made a difference in the lives of neighbors through demonstrated acts of kindness, and unselfish character in service to others.

Congratulations Bob and Hollie.

Jay then talked about some programs that HAH volunteers have developed and how they benefit the older residents of Harpswell.

She described how the Home Repairs Team has worked "throughout town, accepting the challenge of making homes of Harpswell's older adults safe, warm and dry". She also mentioned Lunch with Friends as "hugely popular, attracting volunteers and participants from all over town and of all ages. Other groups in town volunteer to host these meals and do the cooking and serving", as well as HAH volunteers. In addition to nutritious meals, these gatherings are opportunities for socializing and getting to know neighbors.

In the closing words of Jay McCreight, "It has been said that we gain much more than we give, and HAH is a prime example, inspiring community members to become involved, to join with the HAH team, and to strengthen our entire community". Thank you, Jay, for your kind words.

More About HAH

Other HAH programs that were not featured above deserve mention. Lunch with Friends recently added a new service called "Meals in a Pinch". Meals are available for people just home from the hospital or in need of temporary assistance. Contact Julie Moulton at 207-330-5416 for details.

The Home Repairs team is currently looking for homeowners who need work done, as they have nearly exhausted their waiting list. If you, a friend, neighbor or relative, is in need of a wheelchair ramp, grab bars, handrails or other repairs to the home, call the Town Office at 207-833-5771 to determine eligibility.

Another new HAH program is Home Helpers. The goal of Home Helpers is to take care of routine cleaning, vacuuming, and regular chores that need to be done inside the home. This team is looking for seniors they can help. For more information, contact the Town Office.

Through Seniors Connecting, HAH matches seniors with a volunteer who will call each week to chat, share senior resources and provide information about upcoming events. Call the Town Office to sign up.

For more information about HAH
 Visit our Website at www.hah.community
 Email hah@hah.community or call 207-833-5771